



## Meet the Trainers



**John Roope**, Director of Family Education at Chaddock in Quincy, Illinois, has been providing training for parents and professionals for more than a decade and has worked professionally with

children and families for more than 20 years. In addition to his duties at Chaddock, he is a lecturer for the Center for Early Childhood Leadership at National Louis University in Wheeling, IL. As a presenter, John delivers solid, practical information in a lively and engaging package.

**Jerry Douglas**, Director of Education at Chaddock in Quincy, Illinois, has nearly 20 years of experience as an educator in public, private and parochial schools, including his current role as principal of Chaddock School, a special education school serving predominantly youth designated as behaviorally disordered (BD).



### Additional Trainings Offered by the Chaddock Training Institute



- ◆ Attachment Workshops
- ◆ Theraplay® Training  
Introduction and Intermediate
- ◆ Nurturing Parenting Training
- ◆ Effective Black Parenting
- ◆ Plus more . . . call (217) 222-0034

Ask about Chaddock's specialized training for foster care and child welfare staff

 **Chaddock**  
training institute  
2325 Elm  
Quincy, Illinois 62301



# Chaddock

training institute



Training and Education for those who are Caring for and Educating Our Young People



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Quincy, Illinois 62301  
(217) 222-0034



## Becoming a Love and Logic Parent

Parenting can be fun! It can also be frustrating. This program presents simple, easily applied tools and techniques that parents can use to put the fun back into parenting while helping their children become skilled, responsible decision-makers. If you find that you are spending too much time angry, frustrated or caught up in power struggles, or you feel drained from doing all the work, Becoming a Love and Logic Parent can help. This is a six-week course with a single two-hour session each week.



## Don't Get Drawn In! How to Stay Out of Power Struggles With Children

Practical strategies and language for diffusing and preventing power struggles while building relationships and helping children become partners in the process of learning to control their own behavior. This program is ideal for teachers and other professionals who work with children, and when paired with Becoming a Love and Logic Parent, provides an excellent framework for consistency and support between home and classroom or other setting.



## Caring for the Caregiver: Who is Watching the Kids? Getting a Grip on Stress.

Taking care of ourselves is not just a luxury to be indulged only when everyone else's needs have been met. It is a responsibility that must be met first if we are to be effective. Intended for teachers, directors, parents, and others, this session is aimed at helping those who care for children, care for themselves.



## Helping Children Solve Their Own Problems

Building on the principles learned in Becoming a Love and Logic Parent and/or Don't Get Drawn In, this presentation provides clear, practical steps to support and guide children as they take ownership of the life problems they face. Solve a problem for a child, and you help her today. Teach her how to solve her own problems and you help her for a lifetime.



## Second Step Anger Management

Second Step is a school-based social skills curriculum for youth, preschool through junior high, that teaches children to change the attitudes and behaviors that contribute to violence. Developed by the Committee for Children, the curriculum teaches skills to reduce impulsive and aggressive behavior in children and increase their level of social competence.



## Behavior Management in the Classroom: Techniques to Help You Get Back to Teaching

As the name implies, most teachers enter the profession because they want to teach. And yet, in reality, far too many educators find themselves spending so much time on behavior management, basic life skills, and "counseling" – areas where they may not have had formalized training – that the teaching part of their job seems to have become secondary. This session, and the corresponding workbook, offers tools and techniques to minimize problem behavior in the classroom.



## Scheduling a Training

Sessions can be offered as half day or full day trainings, with the exception of Becoming a Love and Logic Parent, which is offered in two formats.

### Rates:

*Becoming a Love and Logic Parent, 6-week*  
Call for rates

*Becoming a Love and Logic Parent,*  
*1-day intensive*

Full Day \$800

*Don't get Drawn In*

Half Day \$400

Full Day \$800

*Caring for the Caregiver*

Half Day \$400

Full Day \$800

*Helping Children Solve Problems*

Half Day \$400

*Second Step*

Full Day \$800

*Classroom Behavior Management\**

Half Day \$800

Full Day \$1600

*\* Two trainers participate in session. In addition, there is a per participate workbook fee, with discounts available based on quantity.*

*Travel and lodging costs are billed in addition to the above identified rates.*

*To learn more about any of these sessions, or to schedule a training, please contact John Roope at the Chaddock Training Institute by calling (217) 222-0034, or e-mail [jroope@chaddock.org](mailto:jroope@chaddock.org)*